



FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Indoor Cycling Schedule

MON.	TUES	WED	THURS.	FRI.	SAT.	SUN.
	5:15 A.M. Kim		5:15A.M. Kim		8:15A.M. Rae	2:00PM Rich
8:30A.M. Patti	9:15 A.M. Sheryl	8:30A.M. Patti	9:15 A.M. Sheryl	8:30A.M. Patti	9:15 A.M. Kim	
10:15A.M. Analiza		10:15A.M. Analiza		10:15A.M. Analiza		
5:30 P.M. Nicole						
7:00P.M. Rich	6:00P.M. Kim	7:00P.M. Rich	6:00P.M. Kim	5:30 P.M. Rich		

*schedule subject to change